

# **The Art Of Lua**

## **Hawaiian Self Defense**

**Open to all Styles  
The Public is Welcome**

**10:00 am. — 3:00 pm.**

**Lunch: 12:00 pm. — 1:00 pm.**

**Sunday, September 16, 2012**

**Host: Kumu Hans Ingebretsen**



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**Guest Lua Teacher Instructor**

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